

BANKS LANE BLOG



Easter Week 1!

Happy Easter holidays! We all hope you're managing to get some rest as well as maintaining some sort of routine! Remember to try and get some daily exercise. Outside exercise is good for you but remember to keep at least 2 metres from anyone outside of your household. What exercise have you been doing? I've been running around a local field. My children have been playing football in the garden. Joe Wicks is still doing his morning PE throughout the Easter holiday.



Happy Easter from
the Learning Powers
Crew!

Joke(s) of the Day

What is the best way to make Easter easier?

Put an I where the T is!

What do get when you pour hot water down a rabbit hole? Hot cross bunnies!

How does the Easter bunny stay in shape? He eggs-ercises!

Why shouldn't you tell an Easter egg a joke? It might crack up!

Joke Challenge!

How many Easter puns can you think of? This is egg-stremely difficult. Get egg-cited and give it a go. Go the eggs-tra mile! I'm sure you can do it, you are egg-cellent at jokes.

There's a few to get you started. There are plenty more before your head gets 'scrambled!'

Happy Birthday!

Happy birthday to:

4 April - Evie H, Layton T

6 April - Maxwell K

7 April - Summer H

8 April - Lola S

9 April - Miley-Jai W

11 April - Ethan S

13 April - Ava T

18 April - Ava Mai C, Lucy W

20 April - Elizabeth B, Alex N

23 April - Evie L

24 April - Oliver H

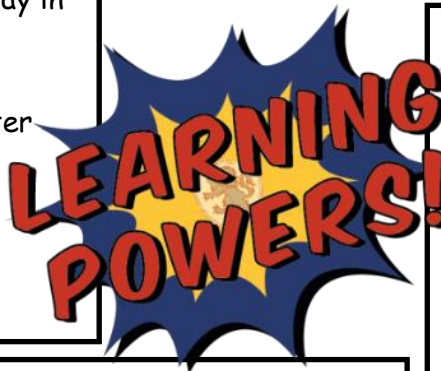
25 April - Alexander P, Annabella P

26 April - Jacob B

27 April - Edward J

28 April - Jayden-James H

30 April - George C



Easter Challenges:

This isn't really a challenge, more of a suggestion. In years to come you might be telling your children and grandchildren about the time the world stopped in 2020. The attached sheets give you a template to record a time capsule if what life was like. Complete it and keep it somewhere safe. You'll be glad you did! Also attached is an activity challenge for the Easter holiday. It will keep you active for the entire two weeks!



MY 2020 COVID-19 TIME CAPSULE



BY: _____

YOU ARE LIVING THROUGH HISTORY RIGHT NOW

TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

- | | |
|--|---|
| <input type="checkbox"/> SOME PHOTOS FROM THIS TIME | <input type="checkbox"/> ANY ART WORK YOU CREATED |
| <input type="checkbox"/> A JOURNAL OF YOUR DAYS | <input type="checkbox"/> FAMILY / PET PICTURES |
| <input type="checkbox"/> LOCAL NEWSPAPER PAGES OR CLIPPING | <input type="checkbox"/> SPECIAL MEMORIES |



 DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE

♡♡ ALL ABOUT ME ♡♡

I AM

YEARS
OLD

I STAND

INCHES
TALL

I WEIGH

POUNDS

SHOE SIZE

MY FAVOURITES

TOY: _____

COLOUR: _____

ANIMAL: _____

FOOD: _____

SHOW: _____

MOVIE: _____

BOOK: _____

ACTIVITY: _____

PLACE: _____

SONG: _____

MY BEST FRIEND/S:

WHEN I GROW UP I WANT TO BE:

DATE: _____

HOW I'M FEELING



HOW MY FACE LOOKS



I AM MOST THANKFUL FOR

WORDS TO DESCRIBE HOW I FEEL:

WHAT I HAVE LEARNT MOST FROM THIS EXPERIENCE:

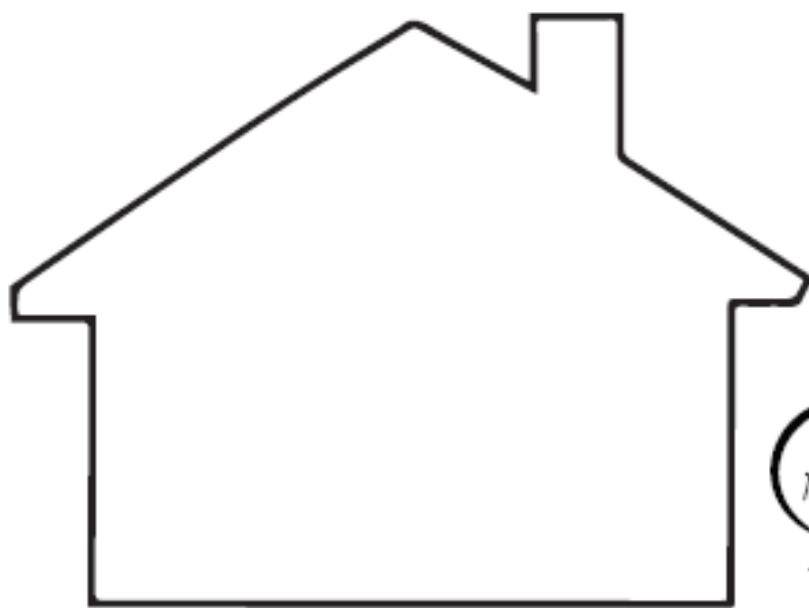
THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

1

2

3

MY COMMUNITY



*CLOUR THIS HOUSE
TO LOOK LIKE YOURS*

WHERE I AM LIVING DURING THIS TIME:



WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN
OUTSIDE (e.g hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?



YOU ARE NOT STUCK AT HOME,
YOU ARE SAFE AT HOME!



WHAT I AM DOING TO
KEEP BUSY AT HOME:

OUR HANDPRINTS



PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE



SPECIAL OCCASIONS

WHAT OCCASIONS DID YOU CELEBRATE DURING THIS TIME?
WRITE THE LIST DOWN HERE AND WHAT YOU DID TO CELEBRATE
(E.G. ST. PATRICK'S DAY, EASTER, BIRTHDAYS, ANNIVERSARIES)

EVENT	DATE	HOW YOU CELEBRATED

LETTER TO MYSELF

DEAR,

LOVE,

INTERVIEW YOUR PARENTS

WHAT HAS BEEN THE BIGGEST CHANGE?

HOW ARE YOU FINDING HOMESCHOOLING?



DAYS SPENT INSIDE

HOW ARE YOU FEELING?

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:

1. _____
2. _____
3. _____

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED : _____

YOUR NEW FOUND FAVOURITE INSIDE FAMILY ACTIVITY:

FAVOURITE FOOD TO BAKE: _____

FOVOURITE TIME OF DAY: _____

GOAL/S FOR AFTER THIS:

LETTER FROM YOUR PARENTS

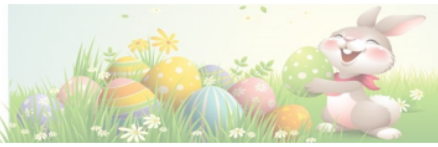
DEAR,

LOVE,



Family Easter Activity Challenge

MOVE IT MONDAY	TARGET TUESDAY	WORKOUT WEDNESDAY	TEAM GAME THURSDAY	FUNKY FRIDAY	SPORTY SATURDAY	SKILFUL SUNDAY
<p>Have an egg and spoon race with <u>your</u> family either inside or out.</p> <p>Use boiled eggs, potatoes, ball of socks or small balls on your spoons</p> <p>Make it easier by using a big spoon or more challenging with a smaller spoon</p>	<p>Each member of the family decorate a boiled egg and then create a course / hill and race your eggs down the course / hill or roll to a target. Whose egg will win?</p>	<p>Set up a course inside or out. Have a hopping race on <u>your</u> right leg then on your left leg. Have a 2 footed jumping race. Create an obstacle course and race your family</p>	<p>'Filling the Nest' Choose ten items from the kitchen - place at the end of the garden / front room / yard. Split into 2 teams and have a RELAY race to see which team can fill their nest first. (nest can be a bucket / container. Then reverse and empty the nest.</p>	<p>Choose your favourite tune & create a family dance routine Can you video it and watch it back as a family?</p>	<p>Pass the egg - Using easter or boiled eggs. Split the family into two teams. Hop like the 'Easter Bunny' with the egg to the next person who hops and delivers to the next. (Set a time limit and see how many times the egg is delivered)</p> <p>Partner everyone up & then throw and catch a water balloon /boiled egg . Each pair starts close together and gradually steps back after each throw. The pair that lasts the longest without dropping wins!</p>	<p>Dress up in bright colours and then spell out the words HAPPY EASTER, using every member of your family to create each letter with their body. Take it in turns to either help create the letter or be the photographer. Can you create a poster with your photos?</p>
						



MOTIVATION MONDAY	TRAINING TUESDAY	WHIZZY WEDNESDAY	THROWING THURSDAY	FITNESS FRIDAY	SPRINGY SATURDAY	SPEEDY SUNDAY
<p>Can you move an Easter egg /boiled egg around the house / garden / yard in 2's or more, going over your heads and under your legs alternately without dropping the egg.</p> <p>Create a course, time yourselves and then do it again and see if you can beat your time.</p>	<p>Using an old Cereal box, toilet roll and sellotape - Create an egg basket/s - pass a boiled/easter egg like a hot potato and catch it in your basket/s- keep it moving until it cracks (pass around amongst your family, use a high pass, low pass but DON't let it fall!!!!). How many passes can you make?</p>	<p>wheel barrow races to collect an egg and run back throwing and catching the egg. (Make sure you hold your partner above the knee not round the ankles)</p> <p>Mark out a relay shuttle course. Run there & back. Use a rolling pin as a baton to pass to the next person.</p>	<p>Find some household items that are easy to throw and won't break. Eg. pairs of socks, empty plastic water bottles. Using a bucket / basket / empty waste bin /large pan, have a throwing competition. How many items can you get in the target? Stand further away to make it more challenging. Make a clock face on the floor and throw to each number.</p>	<p>Work out the place value of the letters of EASTER in the alphabet, eg. E = 5 , A = 1, write these on 6 pieces of paper and write different exercises on 6 different pieces of paper eg. press ups, lunges, star jumps, sit ups, squats, high knees, heel flicks, fast feet, burpees. Put them in 2 piles & turn the paper upside down and shuffle each pile. Select one from each pile, complete it and choose another pair to perform.</p>	<p>The Big Leap How far can you jump from 2 feet to 2 feet. Find a way to measure your jump and try to improve? Stand side on to a wall & mark how high you can reach. Then stand a little away from the wall, and jump as high as possible above that mark - Who can jump the highest? Bounce from side to side over a small obstacle - how many jumps can you do in 30 seconds?</p>	<p>Devise a Treasure Hunt for your family. Write clues on paper (or use chalk on the pavement). Can you think of some Easter Treasure to win as a reward?</p>
						