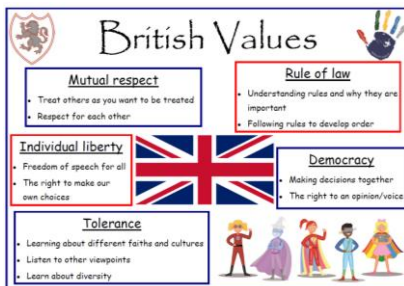


## Our teaching approach to PSHE and RSE.

### Intent

*At Banks Lane Junior School we intend for our pupils to leave us in year 6 with the knowledge, skills and attitudes that they need to effectively navigate the complexities of life in the 21<sup>st</sup> century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters, both off and online. The curriculum will support them in becoming confident individuals and active members of society.*

#### 1. The Curriculum: What do we teach, when and how?



PSHE stands for personal, social, health and economic education and RSE stands for relationships and sex education. We follow a recognised, national scheme of work called Kapow. Children are taught lessons taken from the Kapow scheme of work which covers the relationships and health education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. The scheme covers wider PSHE learning, in line with the requirement of the National curriculum (2014).

PSHE & RSE lessons are delivered weekly and are grouped together into the following concepts:

- ❖ Families and relationships
- ❖ Health and wellbeing
- ❖ Safety and the changing body
- ❖ Citizenship
- ❖ Economic wellbeing
- ❖ Identity (Year 6 only)

Each area is revisited to allow children to build on prior learning. Sex education is covered in Year 6.

#### 2. SEND and inclusion.

We want all of our learners to be part of PSHE and RSE sessions where they will be developing the skills needed to navigate life in the 21<sup>st</sup> Century. As in all subjects, teachers work hard to remove barriers to learning. Some examples of how we achieve this in PSHE & RSE are:

- ❖ Targeted questioning and support with learning tasks.
- ❖ Mixed ability pairings.
- ❖ Opportunities to record ideas in different ways e.g. taking a photo, creating a mind-map.
- ❖ Modelling how to complete tasks.
- ❖ Sentence starters are given to support children in starting a piece of written work.

#### 3. What would you see in the classroom?

Whilst each classroom is naturally different, there are clear consistencies across the school and year groups. Every year group will focus on the same theme for each half term, showing progression across year groups.

A range of teaching and learning activities are used and are based on good practice in teaching PSHE & RSE education to ensure that all children can access learning and make progress.

At the start of each year group, there is an introductory lesson which provides the opportunity for children and teachers to negotiate ground rules for future lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment.

All lesson plans include ideas to stretch the most able learners and give additional support to those who need it. In many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in. The children will complete a task based on the conversations they have had in class and these tasks will be seen in humanities book with a clearly labelled WALT (we are learning to) which are taken from the Kapow scheme.

#### **4. Assessment: How do we know how the children are doing? How do they know?**

Along with a task that is set for each PSHE & RSE lesson, there are assessment statements in every child's humanities book: a 'meeting expectations' statement and an 'exceeding expectations' statement. These are taken directly from the Kapow Primary scheme and allow teachers to assess their children's understanding of a lesson. Once this assessment has taken place, the children can instantly see how they have been assessed.

#### **5. How does our PSHE & RSE Lead monitor, evaluate, and improve the teaching of PSHE & RSE across our school?**

Our PSHE & RSE lead receives regular emails from Kapow Primary which contain updates to scheme content and national updates to the requirements of PSHE & RSE teaching and learning. The leader attends local authority network days where sharing of 'best practice' is brought back to school in order to ensure the quality first teaching of PSHE & RSE. Leaders use learning walks and observing class teaching to ensure a consistency of approach across the school.

#### **6. Cross curricular links, enrichment and the community.**

There are meaningful opportunities for cross-curricular learning within PSHE & RSE lessons, in particular with computing for online safety and science for growing, nutrition, teeth, diet and lifestyle.

Throughout the PSHE & RSE curriculum, there are links between PSHE & RSE lessons and British Values, as well as the 9 protected characteristics.

The PSHE & RSE curriculum offers enrichment opportunities to our children in a variety of ways. For example, in the past we have had visitors from the NSPCC, Millie's Trust and Bikeability.

