



22nd March 2022

Dear Parent/Carer,

Year 5 Information Letter

As part of the Science and PSHE curriculum, Year 5 children study the growth and development of humans and the changes that occur as humans develop to old age. These topics include a short unit on puberty and how their bodies will change throughout adolescence. This unit will involve watching a programme about puberty followed by discussions with their class teacher. The aims of the unit include:

- Considering the physical and emotional changes that take place as boys and girls go through puberty;
- The changes that occur as girls become young women;
- The changes that occur as boys become young men;
- Addressing concerns and worries about puberty.

The boys and girls will watch the same videos and receive exactly the same information, but separately. This is so they feel comfortable asking questions about the information being shared.

Your child's puberty talk will take place during the week beginning Monday 28th March.

We hope your child will be able to talk to you about what they have learned at school and you will discuss these ideas with your child before or after the session. Should you have any concerns or worries, please contact your child's class teacher on year5@bankslane-jun.stockport.sch.uk.

Yours sincerely,

Miss Rock, Miss Roberts and Mr Threader

Headteacher - Mr. E. Milner

E-mail: headteacher@bankslane-jun.stockport.sch.uk

Address: Hemphshaw Lane, Offerton, Stockport, SK1 4PR Tel: 0161 480 2330

