



# Banks Lane Junior School

Communication, Collaboration, Curiosity, Resilience, Reflection



## The Weekly Roar!

Friday 1<sup>st</sup> May 2020  
285<sup>th</sup> Edition

### MESSAGE FROM MR MILNER

Dear Parents/Carers,

It has been a very busy week at BLJS - all our staff and children in school are doing well. I hope you enjoy the video we have put together for you. Thank you to all staff for their participation and a huge thank you to Mr Threader for putting it all together!

Our office team has been trying to organise refunds following the cancelled residential visits. This has been hugely problematic. The system is just not made for considerable refunds! We have started the process of refunding £24047. This has included; many very long conversations with our school money provider, full governing board authorisation (as the amount was too high for me to authorise alone), two very long visits to the bank, 565 individual electronic transactions and 93 written cheques - which all need two signatories! Cheques should be countersigned on Monday and sent out next week.

We really have done our best to try and get the money back to you as soon as possible. I know some people are not happy with the way the refunds have been completed - but the alternative would have been a cheque each when you all come back to school. Hopefully you should be able to electronically pay your cheque into your account - I would suggest you contact your bank as this will save you the lengthy queue (that we were in) outside!

Thank you to Mrs Collins, Mrs Heys and Mrs Williams. If you have not received your electronic transfer already or your cheque by next Friday - please do not hesitate to get in touch.

All the best, take care  
Ed Milner

Check out our staff  
video message on the  
BLJS website!



[Click here to view the video message!](#)

### VE DAY

Next Friday, 8<sup>th</sup> May marks the 75<sup>th</sup> Anniversary of the end of the Second World War. Will you be doing anything at home to mark this occasion? I'm sure your teachers would be interested and Mr Bassett would love to add pictures to the blog!



## BIRTHDAYS

Happy Birthday this coming week to,



Zachery, 5B  
Kai, 5S  
Masie-Ella, 5L  
Barnaby, 5B  
Bethany, 6B  
Kaden, 5S  
Charlie, 5B

**STOCKPORT** METROPOLITAN BOROUGH COUNCIL  
NHS Stockport Clinical Commissioning Group

**HELPING YOURSELVES, HELPING EACH OTHER AND HELPING OUR FAMILIES**

*"The emotional wellbeing and mental health of everyone matters - now more than ever with the emotional and mental impact of the current lockdown undoubtedly beginning to take its toll. Providing support to residents is a key focus of Stockport Council, and a great way to do that is to ensure we provide access to the right services."*  
Cllr Elise Wilson, Leader of Stockport Council.

### EMOTIONAL WELLBEING HUB

- Provides information, advice, and guidance for anyone up to the age of 25 for emotional wellbeing and mental health concerns.
- Access to the Emotional Wellbeing Hub is through the Multi-Agency Safeguarding and Support Hub (MASSH), 0161 217 6028.
- Open 8.30am to 5pm Monday to Thursday and 8.30am to 4.30pm on Friday.

Ages up to 25

### BIG WHITE WALL

[www.bigwhitewall.com](http://www.bigwhitewall.com)

- Provides 24/7 anonymous support via a digital emotional wellbeing and mental health service.
- It is available for anyone over the age of 16 living in Stockport.
- It offers peer support alongside a range of helpful tools and resources and is supported by trained clinicians.
- To register you just need your Stockport postcode.

Ages 16+

### OPEN DOOR

[opendoorstockport@makingspace.co.uk](mailto:opendoorstockport@makingspace.co.uk)

- For anyone over the age of 18 in Stockport.
- Provides emotional support, practical advice, guidance and telephone support for the Stockport residents with mental health needs, whether referred to services or not.
- Support to those who are experiencing extreme emotional distress or are nearing crisis point and feel that there is nowhere else to turn (0800 138 7267).
- Commissioned by Stockport NHS CCG and provided by the charity Making Space.

Ages 18+

### SHOUT

[www.giveusashout.org/get-help](http://www.giveusashout.org/get-help)

- SHOUT is a 24/7 UK crisis text service available for times when people feel they need immediate support.
- By texting 'SHOUT' to 85258 a Texter will be put in touch with a trained Crisis Volunteer (CV) who will chat to them using trained techniques via text. The service is designed to help individuals to think more clearly and to take their next step to feeling better.
- To get help or find out more about how SHOUT works, visit our get help page.

All Ages

### SILVERCLOUD

[gm.silvercloudhealth.com](http://gm.silvercloudhealth.com)

- Offers free online therapy for all Greater Manchester residents to help with stress, anxiety, low mood and depression.
- Provides a number of online programmes to help ease stress levels, improve sleep or build resilience.
- To find out more and to sign up, visit the Greater Manchester Silver Cloud website.

Ages 18+

### KOOOTH

[www.koooth.com](http://www.koooth.com)

- All children and young people in Greater Manchester can now access free online counselling and emotional well-being support.
- Koooth online counselling and emotional wellbeing platform is available to any young person who may be struggling with their mental health - and particularly during the COVID-19 outbreak.
- Koooth is for young people aged 11-18 and offers a variety of resources, including: A live chat function that allows young people to contact a qualified counsellor; chat forums with other young people, crisis information and self-help resources.

Ages up to 18

### 42ND STREET

[42ndstreet.org.uk](http://42ndstreet.org.uk)

- One-to-one counselling therapy, psycho-social support and advocacy therapeutic issue-based, identity-based groups and peer support projects, creative projects and approaches to wellbeing and mental health via The Horsfall Residential.
- 42nd Street takes referrals from young people themselves and from parents, carers and professionals.

Ages 11-25

### OTHER SERVICES

Stockport Staying Well

- The services listed here are some of the newer resources that are available to Stockport residents. It is not an exhaustive list of all available support. For more information on what is available please click on the link above or use your phone camera to scan the QR code.



42ndstreet



koooth



bigwhitewall



silvercloud



shout

## Stockport Health Visiting & School Nursing Advice Line 0-16 Years



Stockport

NHS Foundation Trust

## Advice Line

Families with children aged 0-16 can call our Stockport Advice Line on: **0161 835 6789**

The Advice Line is available Monday to Friday (excluding bank holidays) 9am – 5pm and provides support from Health Visitors and School Nurses on all aspects of child health, development and parenting including:

- ✓ Sleep
- ✓ Introducing family foods and solids
- ✓ Management of minor illnesses
- ✓ Speech and communication
- ✓ General Health & emotional wellbeing
- ✓ School nursing service
- ✓ Infant feeding
- ✓ Healthy eating
- ✓ Child development
- ✓ Behaviour
- ✓ Immunisations
- ✓ Special Educational Needs



Please find attached to the Roar this week, details on local foodbanks and the ways in which you can access their services.

This newsletter is emailed weekly to parents/carers. Please let us know if you would like us to email it to you.

It is also available on our website at [www.bankslane-jun.stockport.sch.uk](http://www.bankslane-jun.stockport.sch.uk)

If you have any queries or concerns, please email [admin@bankslane-jun.stockport.sch.uk](mailto:admin@bankslane-jun.stockport.sch.uk) or phone the school office on 0161 480 2330