



Banks Lane Junior School

Communication, Collaboration, Curiosity, Resilience, Reflection



The Weekly Roar!

Friday 11th February, 2022
350th Edition

PLEASE REMEMBER - DROP OFF AND GO, PICK UP AND LEAVE

MENTAL HEALTH AWARENESS WEEK



With it being Children's Mental Health week we wanted to show off one of the ways we support the children at school which is through the Zones of Regulation. This strategy is a way of every child in school communicating and regulating their emotions with an adult every day. Mrs Howarth conducted a pupil voice to see what the children thought about the Zones of Regulation and here's what they said:

I can show my teacher how I feel without having to tell everyone else. An adult will come and check if I'm OK and help me to feel better.

My teacher checks every morning how I am feeling and is always happy to have a chat. We have learned lots of ways to help us feel green.

MR MILNER

You may have noticed Mr Milner has been absent from the playground for the past few days. He unexpectedly had to go into hospital earlier this week which resulted in the removal of his appendix. Mr Milner is now recovering at home. We all wish him a speedy recovery and are sure he will be back at school very soon.

EGYPTIAN DAY

As you can see below our Year 3's had an amazing Egyptian Day yesterday. They all looked fantastic and had a day full of activities including making Egyptian dolls and wrapping each other up as mummies!



BABY NEWS

Today is Mrs Ogley's last day as she leaves us temporarily to start her maternity leave. We are all very excited about the upcoming arrival and will update in the Roar once baby Ogley arrives.

Miss Ogden is very excited to teach class 4L in Mrs Ogley's absence, we're sure they will all make her feel very welcome.

AWARD WINNERS

Headteacher Award

The Headteacher Gold Awards were given to:
Year 3 - Alyssa, 3B for fabulous focus and productivity and making super progress.
Year 4 - Ava, 4S for being a role model and a pleasure to have in the classroom.
Year 5 - Bobby, 5S, for being an all-round superstar.
Year 6 - Brooke, 6L for showing resilience and determination in maths.
The Headteacher Merit Awards were given to Harrison 5B and Harrison 6B

Great job **Red** team, you are our weekly dojo winners!



The classes with the highest dojo points this week are 3B and 4S, well done to you!

LEARNING POWERS MESSAGE OF THE WEEK

We hope you all have a lovely half term break, see you on Monday 21st Feb.



FANTASTIC ATTENDANCE AWARD



This week's Winners

1 st	3L
2 nd	3S
3 rd	4S

IT'S YOUR BIRTHDAY!

Happy Birthday this coming week and over the holidays to,



Ella-Rose, 5L Macey, 5S
Samuel, 4B Jacob, 4B
George, 6S Polly, 3S
Blake, 6S Isabelle, 3S
Tayabelle, 5S Riley, 5B
Lenny, 3L Hallie, 6S
Abe, 6S

HOLIDAY SUPPORT VOUCHERS

The council are pleased to confirm that eligible families (i.e. children registered by 24 January 2022 for benefits-related free school meals) will receive Holiday Support Vouchers (HSV) to the value of £60 per eligible child to help with the cost of food and essential utilities and other essential living costs this February half term and Easter holiday.

This is a combined payment for both school holidays equal to £20 per eligible child per week, for three weeks.

The vouchers will be issued on or shortly after **9th February** (by email where we have an email address, otherwise by post).

MESSAGES AND ATTACHMENTS

Please find attached to the Roar today;

- Overview from our most recent Parent Forum
- After school Street Dance Club letter
- SchoolMoney Apple Pay details

Polite Reminder

Other than seeing and hearing guide dogs, there are no dogs permitted on school grounds, this includes dogs being carried by their owners.

This is a Local Authority as well as a school rule as there may be children with allergies or fears onsite. We thank you in advance for your full cooperation with this request.

This newsletter is emailed weekly to parents/carers. Please let us know if you would like us to email it to you.

It is also available on our website at www.bankslane-jun.stockport.sch.uk

If you have any queries or concerns, please email admin@bankslane-jun.stockport.sch.uk or phone the school office on 0161 480 2330

Child Safety Online:

A practical guide for parents and carers whose children are using social media

Social networking is hugely popular. Many young people are sophisticated in the way they use social media apps and websites, tailoring their communication for different audiences, and accessing them from a range of devices including smartphones, tablets, and games consoles.

But social media, like all forms of public communication, comes with some risks. Not all of these risks turn into actual problems; and if children never face any risks, they never learn how to deal with them. By helping your child understand what the risks are, you can play a big part in preventing them from turning into problems.

Why children use social media



Understand the risks children may need to deal with

What they could see or do:

- Seeing or sharing of violent, sexual and pornographic content
- Inaccurate or false information and extreme views
- Promotion of harmful behaviours including self-harm, anorexia and suicide
- Over-sharing of personal information
- Actively or unintentionally getting involved in bullying or hurtful behaviour

Who they might meet:

- People who might bully, intimidate or frighten
- People posing behind fake profiles for:
 - Machief-making
 - Sexual grooming and stalking
 - Blackmail and extortion
 - Identity theft and hacking

How this could affect them

- Fear of missing out leading to excessive use or exaggeration
- Getting upset by things they have seen and being uncertain about what to do
- Engaging, or being pressured into engaging in more risky behaviour either by accident or by design
- Developing unrealistic, and perhaps depressing ideals of body image and gender
- Becoming subject to peer pressure or interactions that are intense or too difficult to handle
- Creating an online reputation that may create problems for them in the future



Practical tips to help minimise the risks your child might face

It's good practice for apps and websites to have safety advice and well-designed safety features which can make a real difference to how safe your child will be when using them.

Work through safety and privacy features on the apps that your child is using, or might use. Make sure they understand the point of these and how to use them. Don't be put off by believing your child knows more than you: the tools are actually quite easy to manage.

- Ask them to show you which social media apps they use and what they like about them. Talk about how they use them and what makes them so engaging.
- Explain how you can use privacy settings to make sure only approved friends can see posts & images.
- Check if any of their apps have 'geo-location' enabled, sharing their location unintentionally.
- Show them how to report offensive comments or block people who upset them.
- Check 'tagging' settings so that when others are posting or sharing photos online, your child's identity is not revealed. Also, get people's consent before sharing photos.
- Encourage your child to come and talk to you if they see anything that upsets them.

Keep talking and stay involved

In a mobile age, children can't be completely protected, even by the best privacy controls; another child may use different settings. So it's important to keep talking to your child about the implications of social media. Getting a sense of what they think is a useful place to start; you may be surprised by how much thought they may have given to the issues.

Encourage your child to think carefully about the way they, and others behave online, and how they might deal with difficult situations.

- People may not always be who they say they are online: how can this create problems?
- Why is it unwise to meet anyone in the real world that you've only ever met online?
- Even if you think your messages are private, remember that words and images can always be captured and broadcast.
- People present themselves differently online - do they really look like that? Are they always having that good a time?
- Be aware that screens, and especially being anonymous, can lead people to say things they wouldn't say to someone's face.
- What does being a good friend and a likeable person online look like?
- There can be pressure to be part of a particular group online or to be seen to be following a certain set of ideas. How can you take a step back and make your own decisions?

For more information

You can find out more about how children use social media, the apps they use, the risks they face, how to use privacy settings, and advice and tips about how to talk to your children at:

- www.childnet.com/usa
- www.internetmatters.org
- www.nspcc.org.uk/online-safety
- www.parentzone.org.uk
- www.thisispakistan.co.uk/parents
- www.pikaboulgames.com

To make a report

Concerned about online grooming or sexual behaviour online? Contact CEOP: www.ceop.police.uk

If you stumble across criminal sexual or obscene content on the internet you should report it to the Internet Watch Foundation: www.iwf.org.uk

BOUNCE TO BIRMINGHAM FAMILY CHALLENGE 2022

THE COMPETITION

We would like to invite your family to take part in our 'Bounce to Birmingham' Family Challenge.

- We would like you to take part in physical activity as a family over the next few months and by recording the amount of family physical activity you do, you will virtually race against other families to see who can 'Bounce to Birmingham' the quickest!
- You will receive a poster of the flags of the Commonwealth countries shaped as bouncing balls to record your progress.
- Every time you complete half an hour of physical activity **as a family**, you achieve 1 ball on the poster and can mark these off until you have 'bounced' across all the balls.
- All families completing the race will receive an award and the top 3 families will receive extra prizes of sporting equipment.
- More details will be given on entry.



HOW TO ENTER

- Email judith.riddings@stockport.gov.uk with the following information: **ages of the children in the family & schools they attend**.
- Then we will email you the resources - a copy of the above poster to stick up at your home and the recording sheet for you to record your physical activity events on, to prove your journey.
- As soon as you have completed your Bounce to Birmingham Family Challenge, send us the record sheet of activities to claim your reward! Tweet/insta photos of your journey to show us your family fun!
- Your family physical activity must be done over a period of months and include a variety of activities and not just completed on an activity holiday.
- The deadline to finish is Wednesday 30th June

07527387388

[Judith.riddings@stockport.gov.uk](mailto:judith.riddings@stockport.gov.uk)

@StockportSHAPES

OUTSIDE AGENCIES

We often have outside agencies come into school to work with/support our pupils in a number of different ways. Please see our table below for their availability.

Tuesday	Wednesday
LSS, all day	BSS, am, every other week
	SALT, every other half term

LSS - Learning Support Service

BSS - Behaviour Support Service

SALT - Speech and Language Therapy. On The half term we do not have weekly visits, teaching assistants carry out follow up work with children.

USEFUL WEBSITES

CEOPS

CEOP help young people who are concerned about on-line images and communications.

https://www.thinkuknow.co.uk/11_13/help/CEOP/

Family Lives

Family Lives is a charity with over three decades of experience helping parents to deal with the changes that are a constant part of family life.

<http://www.familylives.org.uk/>

Guidance for Parents re Instagram

http://www.connectsafely.org/wp-content/uploads/instagram_guide.pdf

Kidscape

'Preventing Bullying, protecting children'

<https://www.kidscape.org.uk/what-we-do/>

Kidsmart

<http://www.kidsmart.org.uk/>

Netmums

The network offers information to parents about parenting on a national level. Amongst the topics are child welfare, maternity, playgroups, child health and child safety.

<http://www.netmums.com/>

NSPCC NetAware

https://www.net-aware.org.uk/?utm_source=google&utm_medium=cpc&utm_campaign=Grant_shareaware2014&utm_term=nspcc_net_aware&qclid=EAIaIQobChMI6rq9lqCa1QIV77XtChOnOw-aEAYASAAEgIawPD_BwE&qclsrc=aw.ds

Stockport SEND Local Offer

<https://stockport.fsd.org.uk/kb5/stockport/fsd/localoffer.page>

UK Safer Internet Centre

E-safety tips, advice and resources to help children and young people stay safe on the internet.

<http://www.saferinternet.org.uk/>