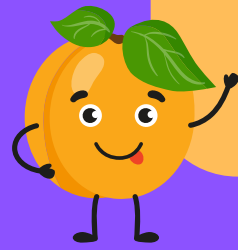


Week 3

My School Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Main Course

Vegetarian

Jacket Potato

Dessert

Cheesy Pizza

G,MK,S

Potato Wedges

Sweetcorn



Cheesy Pizza

G,MK,S

Potato Wedges

Sweetcorn



Tomato Pasta

G

Sweetcorn



Ginger & Pear Muffin

G,E,MK

Fresh Fruit Platter

Mexican Stack

G, MK

Potato Wedges

Peas & Sweetcorn



Savoury Cheese Flan

G,E,MK

Potato Wedges

Peas & Sweetcorn



with Baked Beans

Chopped Salad



Strawberry Whirl M

Fresh Fruit Platter

Roast Chicken

Roast Potatoes

Country Mixed Veg,

Stuffing G, Gravy



Potato and Cheese Bake

E,MK

Country mixed Vegetables



with Baked Beans

Chopped Salad



Steamed Syrup Sponge

G,E,MK

with Custard M

Fresh Fruit Platter

Lunch Brunch

G,E,SD

Diced Potatoes

Baked Beans



Veggie Lunch Brunch

G,E,S,SD

Diced Potatoes

Baked Beans



with Baked Beans

Chopped Salad



Lemon Bites

G

Fresh Fruit Salad

Battered Fish Fillet

G,F,M

Oven Chips

Garden Peas



Cheese & Ham toastie

G,MK,S

Oven Chips

Garden Peas



with Baked Beans

Chopped Salad



Sultana and Orange

Shortcake G,E

Fresh Fruit Platter

FRESH SALAD SERVED EVERY DAY

Allergen Information

G=Gluten

MK=milk

M=mustard

S=soya

SE=Sesame

E=Egg

SD=Sulphur dioxide

C=Celery

F=Fish